

## Drinking Experiences Survey

For each question below, enter the number of the response (0 through 4) that best corresponds to your experience **(IN THE PAST YEAR)** in the box in the **Score** column at the end of the appropriate row. For example, for Question 1, if your response is “Monthly or less” enter a “**1**” in the **Score** box at the end of the row for Question 1, if it is “2-4 times a month”, enter a “**2**” for Question 1 and so on for each item.

Questions	0	1	2	3	4	Score
1. How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times a month	2-3 times a week	4 or more times a week	
2. How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7-9	10 or more	
3. How often do you have five or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
4. How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
5. How often during the last year have you failed to do what was normally expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
7. How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
8. How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
9. Have you or someone else been injured because of your drinking?	No	...or...	Yes, but not in the last year	...or...	Yes, during the last year	
10. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	No	...or...	Yes, but not in the last year	...or...	Yes, during the last year	
<b>SUBSCALE AND TOTAL SCORES</b>			<b>Q/F</b> (1-3)	<b>Health</b> (4-6)	<b>Harm</b> (7-10)	<b>Total Score</b>